

# PACKING CHECKLIST

## VALUABLES, DOCUMENTS

- cash - small bills best, make sure they are clean of marks and tears
- credit cards - two types, in case one doesn't 'go through'
- travelers checks – optional, use as emergency funds and to convert
- moneybelt
- drivers license – and International Drivers Permit if country requires (AAA issues)
- airline tickets, itinerary, hotel and rental car documents/information
- passport / visa documents
- immunization records - if required, check carefully
- photocopies of above - trimmed and kept in separate place
- addresses / phones / email / emergency contacts / embassies—both home and abroad
- language book
- guidebook / maps (cut out appropriate sections only, trim)
- novel / journal / ebook reader, like Kindle (can hold guidebooks, too) / magazines

## GEAR

- suitcase, daypack
- luggage tags / TSA locks
- binoculars
- pouch or case / safety chain / raincover / lens paper or cleaning pen
- bird book, destination checklists and where-to-go information
- scope / tripod – optional

## HANDY STUFF

- pens, pencil, notepad
- antibacterial wet wipes, singles pack
- airplane snacks
- baggies - few large, few small, myriad uses
- bungee and/or rubber bands and/or paper clips and/or bit of duct tape
- thin nylon cord for clothesline
- alarm clock - travel style
- watch - cheap, w/ new battery or windup type
- extra batteries
- compass - small, zipper clip-on type
- water bottle – empty, until through security
- plastic fork / spoon / can opener (may get confiscated)
- flashlight - small, or penlight
- nylon or net bag - flattens to almost nothing, for souvenirs, dirty clothes, etc.
- sewing kit – optional, without scissors
- deck of cards, travel games

## ELECTRONICS

- cell phone / charger – check roaming charges
- netbook / charger - optional
- flash drive or small hard drive device (for digital pic storage, etc.)
- camera / video camera / battery / charger / cables / lenses
- car chargers
- MP3 music/birdsong system (can be on smart phone) / earplugs
- GPS, Navigation aid (Garmin type or smart phone)
- outlet adaptor / voltage,current converter (ck for country visiting)

## PERSONAL NEEDS, CLOTHING

- toiletry case - thin, waterproof
- 3.4 ounce bottles in 1 quart clear baggie for toiletries (1 baggie/per person)
- shampoo / conditioner
- soap - liquid works well
- toothpaste / toothbrush / floss
- brush/comb
- first aid kit - small, combo of: antibiotics / antibacterial cream / cortisone / Pepto / Imodium / pain-reliever / Ex-Lax vitamins / personal RX
- sunscreen
- insect repellent - no aerosols, look for stick type
- Kleenex - couple travel packs, handy for toilet paper at destination
- nail clipper / file (optional, can get confiscated)
- shaving needs, vaseline
- for women: feminine items / pocket mirror / lotion / hair clips or bands
- make up - minimal
- jewelry - minimal and not irreplaceable
- eye needs: contacts, solution / reading glasses / sunglasses / case
- raincoat - parka style with hood
- rain pants - thin nylon
- hat - crushable
- swimsuit - men can use zip-off pants  
(tankini type works well for women – top can be worn alone)
- sarong, thin rayon-type – many uses (cover up, skirt, blanket, shawl)
- scarf/bandanna - many uses
- shoes - 2-3 pairs
- pants - 1 pair chinos (for airplane), 2 pairs cargo or zip-offs
- shorts - optional / use zip-offs
- skirts - 1-2, depending on preference, good for airplane
- t-shirts - 2-3
- shirts - 2-3 long sleeve, 2-3 short sleeve
- sweater/warm layer - choose carefully - make sure thin and packable
- socks, undies - 4-6 pairs / bra - 2
- belt

**KID STUFF** (limit to what child can carry in own daypack):

small toys / games / cards

handheld game device / charger or batteries

books

snacks

small sketchpad / colored pencils / little sharpener

Beanie Baby friend (not irreplaceable)

small ball or nylon fabric frisbee

**OPTIONAL, FOR SOME TYPES OF TRIPS (not all carry-on items):**

tent / ground cloth

sleeping bags / pads

snorkel gear

harmonica, penny whistle, guitar

insect netting – head cover type or small tent type for babies

laser pointer

walkie talkies

gloves / stocking hat

towel - optional, thin packable hand-towel size

bowl / cup

vest - birder's type, w/ pockets

compressor bags, if packing bulky items like sweaters, coats

rubber boots or pullover types (that fit over shoes)